

The Mitchell Walker ^{ID}

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A membership application form is on page 4.

Issue 95

September 2022

Mitchell Walking Group is a program of Broadford Living & Learning Centre inc. 158-160 High St, Broadford 3658

Yea Wetlands. Sunday September 11th. This walk was a guided tour through the Yea Wetlands and it definitely lived up to its name, particularly soggy under foot in some parts but beautiful.

We had ten walkers Mary, Yvonne, David, Maureen, Gail, Karen, Kerry, Paul, Pia and myself.

The walk was guided by Phillip, he was very knowledgeable about the wetlands and particularly the snakes in the area, of which we saw two, a copperhead getting some sun and a baby copperhead doing the same further down the track. It was a calm day, no rain and full of birdsong, plenty of frogs singing and some fish jumping, a wallaby also



popped in to say g'day. Phillip had taken many photos of the wildlife and along the way we would pause for a look at some photos and where he had taken them.

The guided walk was supposed to take an hour but we were so engrossed we did it in two!

Afterwards we stopped in for a lovely Devonshire tea provided by the wetlands trust and decided we would head out to the Cheviot Tunnel to continue our walk.



Five went home. Five kept walking, namely Mary, Karen, myself, and Paul and Pia who had not been to the tunnel before. Sorry Fred but we all survived without any ghostly mishaps! Although Mary did step in some horsie do-do!!

We stopped by the tunnel for a bite to eat and a drink, but Pia, Karen and Mary braved the steep climb to the top of the tunnel and had their break on top.

All up we walked 9 km on the tunnel walk and 2.5 km at the wetlands, so a good day of 11.5km.

Well done all, it was a thoroughly enjoyable day.

(Report by Hayley)



"Cascades" & Mumindindi River Walk. Sunday September 25th. On Sunday 25th of September a smaller than average group left Broadford and headed for Toolangi to view the "Cascades" and more, on the Murrindindi River Walk. On arrival the group of 6 caught up with Karen, who had driven directly from Melbourne. The group comprised Paul (leader), Hayley, Bec, Gedda, Karen, Marg and John. The weather was fine after several days of heavy rain and we were expecting to see plenty of water in the river. The walk had been advertised as

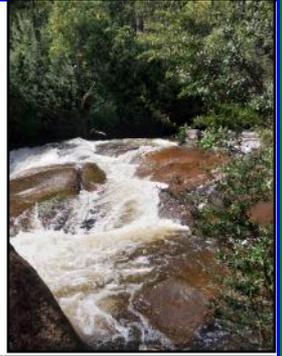
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“mainly downhill” which had a definite appeal to me and possibly others.

Setting off down a long stretch of steps we were surprised at the noise created by the river flowing beside us, albeit slightly out-of-sight. In fact, it was so loud that we had trouble chatting amongst ourselves. After a few minutes we reached a small bridge across the river from which we had excellent views of a waterfall and the huge



quantities of water flowing beneath us. I think everybody took photos at that point as it was such an impressive sight after all the rain.

The steps continued and I was starting to think that perhaps I had misinterpreted the description of “mainly downhill”, thinking that it would be a pretty easy

walk. Fortunately, there were plenty of magnificent trees, wildflowers, and fungi to distract us, as we continued down beside the flowing river.



We took a short break late in the morning and then continued until we found a nice comfortable spot with a view of the river, where we settled to eat our lunches.

During this break, our leader, Paul, told us about the history of the area as a source of timber for the Melbourne market. Earlier in the morning we had passed a huge log on wheels which had apparently once travelled on one of the many small railway lines that were used for moving timber in the early days. (See photograph, below left.) Clearly this is an area that receives a very high rainfall, and the magnificent tall trees are testament to this.



After a relaxed lunch break, we recommenced our walk and came upon the only steep up-hill section of the day. It was quite a challenge after walking downhill most of the morning. Now, with full stomachs, a lengthy climb followed. From this high point the remainder of the walk was mainly downhill again.

We came across a suspension bridge sometime early in the afternoon and there was an opportunity to drop out at that point while others continued on for another hour or so. Bec and I decided that we had had enough at that stage, so waited in the car park for the others to pick us up in a car, at the end of their longer walk. It had been a fun day chatting with friends in a beautiful area, enjoying nature and getting some exercise at the same time.



Thanks, Paul, for organising this walk and to all the people who participated. The old legs were a bit sore next day after all those steps. I will pay more attention to those contour lines on the map, next time I'm planning a walk. *(Report by John)*



Federation Walks Weekend. 30th Sept-2nd October. As the solo representative of the Mitchell Bushwalking Club I headed up to Wangaratta on Friday afternoon. I camped at the Wangaratta Showgrounds where registration and all the action took place. Only about 20 campers with a mix of campervans, caravans,

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tents and a few like myself with our overnight tents, there was plenty of room with a toilet/shower block close by. Approximately 200 walkers from bushwalking clubs around Victoria attended the weekend. On offer was a choice of 23 walks and 3 bike rides covering all abilities.

On Friday evening the local Lions Club provided a very tasty BBQ, I was joined by some Bayside members which turned out fortunate for me as they kindly shared their bottle of Malbec.

My walk on Saturday was to Mt Glenrowan in the Warby-Ovens National park. It was a fairly easy 14 km stroll with only one climb to speak of. Fabulous views all along the track over the Winton Wetland area passed Baileys vineyard and the lunch spot overlooking the township of Glenrowan with views to Mt Buffalo and Cobblers. After our walk some of us headed to the Morrison winery for a tasting and purchases before returning to the showgrounds for a yummy afternoon tea and a welcome to country ceremony performed by a local elder.

Saturday evening was the official dinner held in the club rooms at the showgrounds. About 100 people attended the venue, it was nicely decorated having been used the night before for a footy function. A tasty roast dinner, drinks from the bar and a couple of short speeches concluded the official part of the evening. The speakers covered the history of the Warby-Ovens National Park and the recent IUCN accreditation of the park. The IUCN list is the global standard for nature conservation recognising the best managed sites on an international level, quite an achievement as I think this is the only site in Victoria with this listing.

Best part of the night was a live band and dancing. Bushwalkers are great dancers, the dance floor was packed, many of the songs were walking-related to keep us in the mood. All the fun was over by 10.00 pm for the early starts Sunday morning.

It was a great weekend, weather was perfect. Great talking to members from other clubs everyone friendly and inclusive. This is a beautiful area with lots of amazing walks, I think I will be heading back for more walks and winery visits. (Report by Yvonne)

Upcoming walks * * * Please note that these are proposed walks, and may change. A final announcement with meeting arrangements will always be emailed out a few days before each walk.

Sunday 23rd October. Mt Charlie, near Gisborne. Leader Paul. More information to follow.

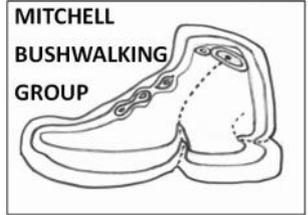
Saturday 3rd December. Christmas breakup BBQ. Mark it on your calendars now so you don't double book.

Upcoming Planning meeting. The next planning meeting, should be held on Monday 7th November, but will need to be confirmed.

(John Brissett. Editor)

****** See Membership application form on the next page.***

Mitchell Bushwalking Group



MEMBERSHIP APPLICATION

<i>Contact details may be made available to leaders for the purpose of organising trips.</i>			
Name:	Year born:		
Email:			
Postal Address:			
Phone:	Home:	Mobile:	Work:
Emergency Contact:	Name:	Mobile:	
Do you hold a Level 2 First Aid Certificate? Y / N		Date of qualification:	
Brief description of bushwalking/outdoor experience:			

Acknowledgement of Risk – Please read and sign (all members over 18 years must sign)

I am aware that my voluntary participation in any activity of this club may expose me to risks that could lead to injury, illness or death, or to loss of, or damage to, my property. These risks include, but are not limited to, slippery and/or uneven rocks, dislodged rocks, cliffs, exposure to weather and whiteout conditions, falling and hypothermia.

To minimize these risks I will endeavour to:

- Ensure that any activity I participate in is within my capabilities;
- Carry appropriate food, water and equipment for the activity;
- Advise the leader if I am taking any medication, or have any physical or other limitation which might affect my participation; and
- Make every effort to remain with the group during the activity and accept the instructions of the leader.

I have read and understood these requirements and have considered the risks before choosing to sign this Acknowledgement of Risk. I accept that in signing this form I will take responsibility for my own actions.

Name:	Signature:	Date:
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OFFICE USE ONLY	Receipt No:	Database updated Date:
Membership No:	Receipt issued Date:	Email notification sent Date:

The club membership year is 1st August 2022 to 31st July 2023. New members May –August pay half the annual subscription. Annual membership, which covers insurance through Bushwalking Victoria, is **currently \$35.00** . For further information please email: mitchellwalksgroup@gmail.com

* This form could be posted with a cheque to **Secretary, Mitchell Bushwalking Group, 3 Hibiscus Court, Kilmore, 3764** OR Scanned and sent electronically to mitchellwalksgroup@gmail.com The membership fee could be paid via bank transfer to **Mitchell Bushwalking Group** at Bendigo Bank. The BSB number is **633-000** Account number: **160294047** Please write your surname in the Details section.