

The Mitchell ID Walker

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Issue 88

November 2021

Mitchell Walking Group is a program of Broadford Living
& Learning Centre inc. 158-160 High St, Broadford 3658

Back to a normal one-month newsletter. As the end of year draws near, let's hope we can avoid lockdowns in 2022. There are two Sunday walk reports this time and very enjoyable the walks both were. (Ed.)

Dargile Forest Walk, near Heathcote. Sunday 7th November.

On Sunday 7th November, Paul led a walk with Fred, Mary, Ben, Yvonne, John, Margaret, Arthur, and Fran on one of the Dargile forest walks, at the base of Mount Ida near Heathcote.

This walk was quickly arranged to replace the planned Marysville walk. Fortunately, we were warned that our walk clashed with a marathon running event with about 5,000 people participating. We'll postpone that walk for some time next year.



We all met at the Tourist Information Centre in the centre of Heathcote and headed off to the track which is just a short drive away. Our walk commenced at the delightful Dargile Picnic area, a part of the Heathcote-Graytown National Park, and maintained by Parks Victoria.



This was mostly a flat trail with plenty of stops to enjoy the countryside, which displayed colourful wildflowers and several grass trees.



John, nursing a foot injury, was unsure about whether he'd manage to complete the 10 km walk. He led the way and did it with ease, I'm guessing to his surprise



more than his companions..

There is another track which heads up to the Mt Ida summit, but we left that for another day.

After the walk we once again chose to stop off for a cuppa and excellent cakes at Heathcote House B&B and café, in the centre of Heathcote. We were not disappointed.



Thanks to Paul for his excellent navigation and to those who joined us on this pleasant local walk.

(Report by Fran.)



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(Photos by Ben)

Wombat MBT Trail. Loop 1, Bullengarook near Gisborne. Sunday 21st November.

Wombat MTB Trail Loop 1 is about 10 km long and is located near Bullengarook, Victoria. It features beautiful wild flowers, lots of twists and turns and is rated as moderate. The trail is primarily used for hiking, walking, running, and mountain biking.

The track itself is mainly narrow and is a purpose-built Mountain Bike Track. The walking was easy to moderate, and we needed to move over for bikes on quite a few occasions. Either by accident or design we walked against the flow of bike traffic, making it easy for us to see approaching riders.



Our trip from Kilmore/Broadford concluded with us taking the wrong turn and ending up on an impassable muddy road. We decided to park the cars and head off on foot. We soon found the track with the help of an All-Trails Map application that Paul had installed on his phone. (It proved to be very helpful).

The walk was very pleasant and meandered through many stands of tall gums. We found a couple of fallen tree on which to sit for morning tea and lunch. There are many other tracks located in the area and further investigation should reveal some other walks we can do in the future.



Walkers were John and Marg, Karen, Fran, Paul and me.

I was the nominated leader, but Paul did most of the navigation.

We had coffee in Woodend afterwards, at the busiest place in town. Great to see so many people out and about.



(Report by Fred. .Photos by Marg and John)

***** URGENT ATTENTION PLEASE *****

Christmas Breakup. Friday 3rd December. Fran has offered to have this at her home and this was gratefully accepted. We will spend \$200.00 of our money on meat for the BBQ, which Tony volunteered to purchase. Members attending will need to bring a salad or dessert, and Fran offered to coordinate this. BYO drinks, and please ring her beforehand on **0421 067 678** to see if a salad or dessert is preferred. The **RSVP has been extended. Please reply on or before Tuesday 30th November**, on the same number.

This is important for catering reasons. There will again be a **Kris Kringle**, and people are asked to spend ap-

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proximately \$15.00 on a non-gendered gift.

Upcoming Walks.

Friday 3rd December. Broadford. A short walk starting at 4.30 pm before the Christmas BBQ. This will start from Fran's home at the far end of Lemarne Road, Broadford. Last house, and easy to find. Those who can't make the walk are welcome to come for the BBQ after the walk. Allow at least an hour for the walkers to return.

Sunday 5th December. Flowerdale/Hazeldene. More information closer to the date.

b) Summer Wednesday walks:

During January we have traditionally held short walks on Wednesday evenings, instead of all-day Sunday walks. Unless they are changed, they will be:

- **Wednesday 5th January. Broadford.** Leader will be Fran. More details closer to the date.
- **Wednesday 12th January. Goulburn River walk at Seymour.** More details closer to the date.
- **Wednesday 19th January. The "Say G'daywalk" at Wandong.** Leader for this one will be Fred.

c) Overnight walks:

- **Young's Hut. November 26, 27 & 28th.** An overnight camping/walking weekend has been organised in conjunction with Benalla Bushwalking Club. It will be led by Gary McDonald from Benalla, and [Mary is our contact on 0428 479 469.](#)
- **Mt Bogong Moonlight Walk. 18th & 19th December.** Again, in conjunction with Benalla Bushwalking Club, and Mary is our contact on 0428 479 469.

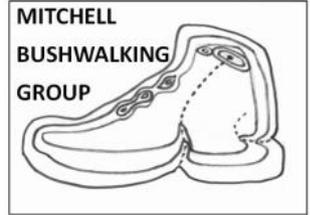
John Brissett (Editor)

***** See Membership application form on the next page.**

Common bird orchid.

Mitchell Bushwalking Group

MEMBERSHIP APPLICATION



<i>Contact details may be made available to leaders for the purpose of organising trips.</i>			
Name:	Year born:		
Email:			
Postal Address:			
Phone:	Home:	Mobile:	Work:
Emergency Contact:	Name:	Mobile:	
Do you hold a Level 2 First Aid Certificate? Y / N		Date of qualification:	
Brief description of bushwalking/outdoor experience:			

Acknowledgement of Risk – Please read and sign (all members over 18 years must sign)

I am aware that my voluntary participation in any activity of this club may expose me to risks that could lead to injury, illness or death, or to loss of, or damage to, my property. These risks include, but are not limited to, slippery and/or uneven rocks, dislodged rocks, cliffs, exposure to weather and whiteout conditions, falling and hypothermia.

To minimize these risks I will endeavour to:

- Ensure that any activity I participate in is within my capabilities;
- Carry appropriate food, water and equipment for the activity;
- Advise the leader if I am taking any medication, or have any physical or other limitation which might affect my participation; and
- Make every effort to remain with the group during the activity and accept the instructions of the leader.

I have read and understood these requirements and have considered the risks before choosing to sign this Acknowledgement of Risk. I accept that in signing this form I will take responsibility for my own actions.

Name:	Signature:	Date:
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OFFICE USE ONLY	Receipt No:	Database updated Date:
Membership No:	Receipt issued Date:	Email notification sent Date:

The club membership year is 1st April 2021 to 30th March 2022. New members January-March pay half the annual subscription. Annual membership, which covers insurance through Bushwalking Victoria, is **currently \$35.00** . For further information please email: mitchellwalksgroup@gmail.com

* This form could be posted with a cheque to **Secretary, Mitchell Bushwalking Group, c/o PO Box 76, Broadford 3658** OR Scanned and sent electronically to mitchellwalksgroup@gmail.com The membership fee could be paid via bank transfer to **Mitchell Bushwalking Group** at Bendigo Bank. The BSB number is **633-000** Account number: **160294047** Please write your surname in the Details section.